

#### Getting Started With Your Reading

Pick a Spread: Choose a layout that aligns with the recipient's question.

Set Your Intention: Think about the question, tune into the energy of the recipient, and ask for the guidance you need as you shuffle the cards.

Lay Out the Cards: Place the cards in the pattern of your chosen spread, face down. Make sure they are all in place, then flip them over one by one.

Read the Cards: Combine the card meanings with the specific positions in your spread to understand your reading. Note the relationship of the cards to one another. Are the cards facing one another or facing apart?

# The Spreads

Pulling a Single Card:

This is an empowering Daily Practice for readers of all levels. Extra points if you journal your impressions! Fan out the cards and choose one at random, shuffle and pick from the top of the deck, or even go face up and select one that speaks to you.

- Get creative with your questions:
- Simple yes/no queries
- What does the universe want me to know?
- What do I need to work on today?
- What does the day/week hold for me?

## Two Card Spreads

This is your chance to get creative. Decide what the cards in this spread represent and name the positions out loud as you lay each card down.

Try these examples of simple two card spreads or create your own:

Strength and Weakness

Yesterday and Today

Release and Retain

Positive and Negative Forces

Your Inner Self and Outer Self

Your Present Self and Your Potential

# 3 Card Spreads

Past, Present, Future – A classic spread showing influences from the past, current situation, and potential outcomes.

Mind, Body, Spirit – Offers insight into mental, physical, and spiritual well-being.

Situation, Action, Outcome – Helps clarify a current situation, suggests actions, and reveals possible results.

You, Them, The Relationship – Explores dynamics between you and another person in a relationship context.

Problem, Cause, Solution – Identifies an issue, its root cause, and guidance toward resolution.

### Celtic Cross

This classic tarot spread is ideal for complex questions or more general readings.

Here's what the positions represent:

- 1) The Present: Represents the recipient's current situation or main issue.
- 2) The Challenge: What's in your way? Obstacles or challenges.
- 3) The Past: What's behind you? Events and energy influencing the present.
- 4) The Future: What's up next? A glimpse of what's coming soon.
- 5) Above: What's on your mind? Goals, aspirations, or what's important to you.
- 6) Below: What's deep inside? Subconscious feelings and desires.
- 7) Advice: What should you do? This card gives guidance or a recommended approach.
- 8) External Influences: Who's around? How others affect the situation.
- 9) Hopes and Fears: What are you feeling? Your inner dreams and worries.
- 10) Outcome: How will it all end? The likely result if things keep going as they are